

# juice: 7<sup>50</sup>

(two pounds of organic produce juiced into liquid form, nothing else)



## super greens

### GREENLEAF

spinach, kale, parsley, apple, ginger, lime, cucumber, celery

### SWEETLEAF

pear, lemon, mint, ginger, spinach, kale, parsley, cucumber

### SPICYLEAF

*tip: add maca*

jalapeño, green pepper, spinach, kale, parsley, apple, cucumber, celery

### SIMPLE GREENS

*tip: add turmeric powder*

collard greens, swiss chard, basil, lemon, cucumber, celery

### GREEN LEMONADE

lemon, ginger, pineapple, spinach, kale, parsley, pear, cucumber

### GREEN LIMEADE

lime, ginger, mint, orange, spinach, kale, parsley, green pepper, cucumber

### ZEST IN SHOW

*tip: add extra greens*

orange (w/peel), pear, lime, kale, spinach, parsley

## refreshers

### WONDROUS PUNCH

strawberry, orange, pear, apple, spinach, kale, beet, carrot

### ORANGE GIANT

*tip: try steamed*

orange, lime, apple, beet, carrot

### ORANGELEAF

*tip: add spirulina*

orange, carrot, lime, ginger, swiss chard, collard greens, cilantro

### SWEET CARROT LIME

pear, lime, ginger, orange, carrot

### PINEAPPLE EXPRESS

pineapple, ginger, orange, carrot

### LEMONY SIP-IT

*tip: add cayenne*

lemon, ginger, kale, apple, orange, carrot

### STRAWBERRY LEMONADE

strawberry, lemon, mint, orange, beet, cucumber

## veggie-packed

### G8

*tip: try steamed*

tomato, jalapeño, green pepper, celery, carrot, spinach, parsley, beet

### THE GARDEN

carrot, tomato, kale, cucumber, green pepper, kale, basil, apple, ginger

### BEET IT

beet, carrot, ginger, spinach, cucumber, cilantro

### MORNING AFTER

beet, carrot, celery, orange, strawberry, swiss chard, collard greens

# smoothies: 6<sup>95</sup>

FOR THE KIDS: 4<sup>95</sup>

(part fresh juice + part whole produce, blended w/ice)

### GREEN SOLUTION

*tip: add almond butter*

apple, kale, spinach, lime, banana, ice

### GREEN BEING

*tip: add coconut oil*

pineapple, ginger, spinach, banana, lemon, ice

### AVOCADO DREAMIN'

avocado, cilantro, orange, pear, cucumber, lime, ice

### SUNNYSIDE

pineapple, blueberry, banana, ginger, orange, carrot, ice

### CLASSIC

*tip: add rolled oats*

strawberry, banana, orange, carrot, ice

### BERRY FIX

*tip: add cacao nibs*

blueberry, raspberry, banana, orange, carrot, ice

## super smoothies

### ALMOND BERRY 7<sup>95</sup>

almond butter, banana, strawberry, blueberry, hemp protein, raw almonds, almond milk, ice

### COCONUT AVOCADO 7<sup>95</sup>

avocado, coconut oil, shredded coconut, spinach, kale, lemon, raw cashews, almond milk, ice

### MACA CACAO 7<sup>95</sup>

*tip: sub cold brew coffee*

maca, cacao nibs, almond butter, oats, banana, cinnamon, nutmeg, pure maple syrup, almond milk, ice

# granola cups: 7<sup>50</sup>

(granola + smoothie + fresh fruit)

### GREENS

organic granola, spinach, kale, apple, lime, banana, almond butter, ice, topped with banana

### BERRIES

organic granola, strawberry, banana, orange, carrot, almond butter, ice, topped with berries

### TROPICS

organic granola, pineapple, banana, orange, lime, almond butter, coconut oil, ice, topped with pineapple

# cashew milks + coffee

(made fresh each morning) available steamed or iced on bar

### SIGNATURE CASHEW MILK

on bar 6<sup>95</sup> / bottled 7<sup>95</sup>

house-made cashew milk, pure maple, vanilla, cinnamon, nutmeg, sea salt

### STRAWBERRY CASHEW

on bar 7<sup>50</sup> / bottled 8<sup>50</sup>

signature cashew milk + pressed strawberries

### CASHEW COLD BREW

on bar 6<sup>95</sup> / bottled 7<sup>95</sup>

signature cashew milk + Uel Zing cold brew coffee

### ICED COLD BREW

on bar 4<sup>95</sup>

# craft shots: 3<sup>50</sup>/5<sup>50</sup> (sm/lg)

(get your goodness quick + with a kick!)

wheatgrass neat, ginger neat, sweetgrass, zen, fire, super greens

# acai bowls: 10<sup>50</sup>

(acai smoothie + granola + fruit & superfood toppings)

### SUNRISE

acai, strawberry, shredded coconut, coconut oil, almond butter, cold-milled flax seed, kale, blueberry, granola, orange, banana, ice

### FIELDS

acai, avocado, cashews, almonds, chia seeds, hemp seeds, almond butter, cayenne, kale, blueberry, granola, orange, banana, ice

### SOMA

acai, cacao nibs, cashews, shredded coconut, pure maple syrup, cinnamon, almond butter, kale, blueberry, granola, orange, banana, ice

# chia bowls: 7<sup>50</sup>

(chia pudding + granola + fruit + superfood toppings)

### CASHEW BERRY

granola, blueberries, raspberries, cashews, coconut milk, pure maple, vanilla, chia seeds

### STRAWBERRY COCONUT

granola, strawberries, shredded coconut, coconut oil, coconut milk, pure maple, vanilla, chia seeds

### BANANA CACAO

granola, banana, cacao, cinnamon, almond butter, coconut milk, pure maple, vanilla, chia seeds

# oatmeal bowls: 7<sup>50</sup>

(oatmeal + house-made almond milk + fruit toppings)

### MORNING BERRIES

*tip: add shredded coconut*

rolled oats, house-made almond milk, granola, banana, almond butter, pure maple, chia seeds, cinnamon

### BANANA COCONUT

*tip: add strawberries*

rolled oats, house-made almond milk, granola, banana, almond butter, pure maple, shredded coconut, cacao nibs, cinnamon

### SUNNY

*tip: add berries*

rolled oats, house-made almond milk, granola, banana, pineapple, coconut oil, shredded coconut, hemp seeds

# organic additions

(add to beverage or soup - some can't juice)

**\$1** cayenne pepper, cinnamon, chia seeds, coconut oil, cold-milled flax seed, extra greens, hemp seeds, rolled oats, spirulina, wheatgrass powder

**\$2** almond butter, avocado, cacao nibs, hemp protein, raw almonds, raw cashews, maca, turmeric powder

**MAKE IT HOT (steam any juice): .75**

MAKE IT YOUR OWN!

Everything<sup>100%</sup> Organic

KEEP IT REAL

NO GMOs  
NO FILLERS  
NO ADDED SUGAR  
NO HPP

NO PROCESSED INGREDIENTS  
NO PASTEURIZATION  
NO EXTENDED SHELF LIFE  
NO ARTIFICIAL ANYTHING

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## SAVORY

### quinoa bowls: 9<sup>95</sup>

(steamed soup base + quinoa + superfood toppings)

#### BAJA

*tip: add raw cashews*

house quinoa, avocado, jalapeño, black beans, cilantro, tomato, green pepper, cucumber, celery, hemp seeds, chia seeds, sea salt, cayenne

#### HARVEST

*tip: add avocado*

house quinoa, tomato, basil, sweet onion, green onion, white mushrooms, garlic, edamame, celery, raw cashews, cracked peppercorn, sea salt

#### BUDDHA

house quinoa, miso, broccoli, edamame, cauliflower, carrot, ginger, cilantro, green onion, cayenne, sea salt, raw cashews

#### GREENS

house quinoa, garlic, spinach, kale, black beans, parsley, basil, sweet onion, broccoli, sea salt, cauliflower, celery, white mushrooms, cracked peppercorn, raw almonds

### steamed soups: 8<sup>50</sup>

(blended produce + fresh herbs and nuts + served hot)

#### SPICY AVOCADO

*tip: add extra greens*

avocado, jalapeño, cilantro, green pepper, cucumber, celery, sea salt, cayenne

#### TOMATO BASIL

*tip: add raw cashews*

tomato, basil, sweet onion, garlic, celery, cracked peppercorn, sea salt

#### SPICY TOMATO

tomato, jalapeño, cilantro, avocado, green onion, celery, cayenne

#### MISO BROCCOLI

*tip: add raw cashews*

raw miso, broccoli, cauliflower, carrot, ginger, cilantro, green onion, cayenne

#### SPINACH CAULIFLOWER

spinach, cauliflower, avocado, green onion, celery, garlic, sea salt, cracked peppercorn

### quinoa salads: 9<sup>95</sup>

(house-made quinoa + fresh veggies and superfoods topped with a signature dressing)

#### SOUTHWEST

house quinoa, avocado, tomato, black beans, baby arugula, chia seeds, hemp seeds, cilantro, spicy cilantro dressing

#### GARDEN

house quinoa, tomato, mushroom, baby arugula, edamame, green onion, almonds, basil, garlic basil dressing

#### PACIFIC

*tip: add cayenne pepper*

house quinoa, broccoli, edamame, baby arugula, mushroom, shaved carrot, green onion, cilantro, cashews, miso dressing

< REST OF MENU

## FIND US

### MONUMENT CIRCLE

18 N Meridian St.  
Indianapolis, IN 46204  
317.964.0710

## 100% ORGANIC FOODS ARE:

- ✓ Grown with no GMO's
- ✓ Grown with no harmful pesticides or herbicides
- ✓ Grown with natural fertilizers and strict standards for protecting the environment, ecosystem and human health
- ✓ Grown on soils where fertility is balanced for maximum nutrition and soil health
- ✓ Produced on farms that are subject to unannounced as well as scheduled annual visits by a certification agency
- ✓ Tracked using an audit trail that holds all producers and handlers of the organic foods accountable

# ME NU



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